



APRIL 2025

South & East Leicestershire Area United Reformed Churches



**SAFFRON LANE, WIGSTON MAGNA, SOUTH WIGSTON,
OADBY, WHETSTONE, ABBOTS ROAD**

<http://selaunc.org.uk>

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Dear Friends

C.S Lewis wrote, *"Always prefer the direct word to the long, vague one. Don't implement promises, but keep them."* I've often seen the phrase "Promises are made to be broken," if we are to believe this phrase to be true, then why would we want to make promises at all! It's so easy to view the making of promises from an insular perspective without considering the person you are making the promise to. Abraham Lincoln put it like this, *"We must not promise what we ought not, lest we be called on to perform what we cannot."*

The dictionary defines promise as *"a declaration that one will do or refrain from doing something specified; a vow."* There are some promises that concern small matters and others that will be life changing. One should not therefore view promises as being issued glibly for, by their very nature, they are not to be broken. Sadly, many are, and for any number of reasons. However, the person on the receiving end of that broken promise will feel the sting of disappointment. We all need to acknowledge that we are flawed people and break promises, but God never does. God is completely faithful and does what he says he will do. *"God's way is perfect. All the Lord's promises prove true."* Psalm 18:30. Note the word "All" used by the Psalmist; All, not some of God's promises prove true. God might not fulfil them as we may think they should, but he will keep his word.

Soon, Easter will be upon us and Christians around the world will be celebrating this important event within the Christian calendar. However, far too many will view the Easter story as boring, irrelevant and repetitive. But the basic facts are before us all. Jesus was arrested, crucified and on the third day, God raised him from the dead. Yet, it's easy to miss the most important part of the story.

We miss what turns Easter from a one-dimensional holiday to a multi-dimensional life transforming experience. The message of the resurrection is not just Jesus' story; it's our story as well. We are all part of Jesus' death and resurrection and he didn't just prove there was life after death, but proved that we are promised life after death, beyond the grave. It is Billy Graham who said; *"When we trust Christ for our salvation, then death simply becomes a transition between this world and the next-like walking through a doorway from one room to another."*

One-day life will come to an end and our earthly bodies will cease to function, but God formed us in his image and made us to last forever. That's why there is more to life than we think, for Jesus makes us an amazing promise; *"I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die."* John 11:25-26. This is quite a promise! Jesus proved it through his resurrection, otherwise we would have had no reason to believe it and miss our chance for eternal life. As Easter comes upon us the truth hangs upon his promises, the good news that Jesus rose from the dead. However, what turns this truth from black and white to living colour is that one day; for Paul writes, *"By his power God raised the Lord from the dead, and he will raise us also"* 1 Corinthians 6:14. This is the promise of Easter.

May you all have a blessed Easter.

Shalom

Martin

SUNDAY SERVICE TIMES

Whetstone URC	10.00 am
Oadby URC	10.15 am
South Wigston URC	10.30 am
Wigston Magna	10.30 am
Saffron Lane	11.00 am
Abbots Road	10.45 am

Please check with the relevant Church Secretaries to confirm when services are taking place at any of the Area Churches.

DEADLINE FOR APRIL 25 MAGAZINE

Sunday 20 April 2025

**Send your items to your church representative or direct to
di.statham@btinternet.com**

**If you do not have a computer a hand written copy can be accepted.
Contact Di Statham 0116 296 2847 for information**

Worship Leaders for April 2025

Oadby	6	Eileen Williams
	13	Ray Green
	20	Revd Ivor Smith
	27	Geoff Milnes
Saffron Lane	6	Revd Ivor Smith Communion
	13	Revd Martin Ferris Communion
	20	Revd Les Gill Communion
	27	Revd Pam Smith - Family Service
South Wigston	6	David Miller - Café Style Service
	13	Marion Bartholomew
	20	Di Statham
	27	Revd David Howlett
Wigston Magna	6	Revd Martin Ferris
	13	Revd David Howlett
	20	Eileen Williams
	27	Worship Group
Whetstone	6	Revd Les Gill - Communion
	13	Julie Slatford
	18	Revd Martin Ferris - Good Friday
	20	Kevin West
	27	Eileen Williams
Abbots Road	6	Revd Pam Smith - Communion
	13	Revd Jacquie Gavin
	20	Revd Martin Ferris - Easter Celebration & Adult baptism
	27	Revd Pam Smith

Regular Church Events

Oadby URC

Weekly Coffee Morning
Every Monday from 10.00 - 12.00 -
including Bank Holidays

11 O'Clock Club
1st & 3rd Thursday 10.30 am for 11.00 start

Ladies Group
4th Thursday 2.30pm - 4.30pm

Craft Group
4th Saturday 11.00 am - at 25 Chestnut Ave, Oadby

Whetstone URC

Community Coffee Morning Thursday 10.00 to 12.00

Saffron Lane URC

Weekly 3T's (Tea, Toast & Talk) Thursday 10.00 to 12.00

Wigston Magna

Community Cinema
Alternate Months from February - 1.30 pm

Sit Sip and Social
2nd Wednesday of each month 2pm - 4 pm

Coffee Morning
Every Saturday 10.00 am to 12.00 pm

South Wigston

Drop In with coffee / tea. 4th Wednesday of each month

Abbots Road

Lunchbox every Tuesday from 12.30pm - 3 course meal
£5.00

Quiz Thursday evenings from 7.15pm (on Zoom)

Thursday Stay and Play and Little Borrowers toy library.
For children aged 0-4 years old and their parents/carers
10.00 to 11.30 £1.50 per family

Saturday Coffee Morning including a raffle, on Zoom
from 10.30am. Raising funds for our chosen charity RNIB.

Bible Bytes

Wednesday 2 April 2025

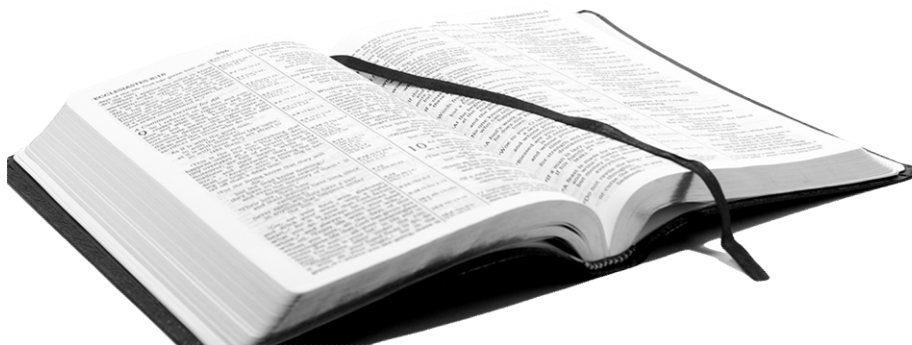
10.30 am

Saffron Lane URC

Come and enjoy a light and friendly discussion

No Need to be a " Bible Expert"

EVERYBODY welcome



South and East Leicestershire Area

PRAYER TIME & FAITH TEA

Sunday 13 April 2025

3.30 pm

At South Wigston URC

Multi Faith Centre

North Warwickshire & South Leicestershire College

Everybody Welcome

**Wigston Magna URC
Long Street Wigston**

Good Friday Worship

**Friday 18 April 2025
10.30 am**

Including Holy Communion

Come Along and Share With Us

April Birthdays

22nd Alan Simpson



World Day of Prayer 2025

On Friday March 7th a World Day of Prayer Service was held at All Saints Church Wigston. Women from Long Street URC and Cross Street Methodist Church took part alongside women from All Saints Church. It was an interesting and gentle service prepared by women from the Cook Islands. Members of our three churches read the words written by the Cook Island women telling their stories about their lives in the Cook Islands along with prayers and words of introduction. There were also songs in maori and English hymns. Altogether these made a lovely service.

At the front of the church a table was set up with flowers, shells, coconut and water all representing things that can be found in the Cook Islands. Plus each members of the congregation was given a flower to wear as they entered the church.

After the lovely service there were refreshments and a chance to chat to friends about how delightful and thoughtful the stories in the service were.

Grace

Wigston Magna News

My Weekend at Swanwick

A group of us from Long Street together with other churches in our area enjoyed another inspiring few days at the Hayes Conference Centre with the Christian Women's Fellowship. The theme this year was "Women of the Bible"

We arrived on Friday afternoon and were greeted by happy smiling folks ready to welcome us. They were there to help us and show us round. We were then able to enjoy a tasty meal for dinner before it was on to introductions, sharing our news and suggestions for charities etc.

After the epilogue which was led by Kathryn Hanson our time was our own.

After breakfast on Saturday we had a quiet time and then listened to Revd Dr Rosalind Selby give a talk about the women of the New Testament. The talk was given in two parts between which we were able to enjoy tea and coffee. Her talks showed how women had made so many differences to the actions of men in all walks of life throughout the New Testament.

This was followed by lunch and a reminder about the afternoon activities which included knitting, sewing, craft groups, poetry writing led by poet Joy Rice, singing, resourcing worship and a prayer walk round the centre's beautiful grounds in the glorious sunshine. You could also just sit and chat. There was also tea and cake available.

Later after a bible study on the women of the New Testament led by Dr Alison Gray there was a business meeting followed by a delicious dinner. Then it was social time when we were able to buy a gift from the presents stall which everyone had contributed to earlier.

Wigston Magna News

Cont.....

Then it was time for the Annual Concert in which we had performers from the different churches who had come for the weekend. There was some hilarious comedy from the ladies from our group of churches. There was wonderful singing from the singing group led by Mrs Charlotte Ferris who was also their brilliant pianist. They gave us hymns and verses with a twist of humour and witty verses. All in all a side-splitting comedy concert which was followed by Songs of Praise with the epilogue by Yvonne Attry.



On Sunday after breakfast there was a bible study by Dr Alison Gray and then after tea or coffee we had a lovely communion service in the chapel led by Mrs Eileen Williams.

Then it was time for lunch which as usual was delicious and then goodbyes until next year.

Throughout the weekend Charity collections were taken for Leicestershire Children's Heartlink, Christian Womens Fellowship Funds, Embrace the Middle East (Care for disabled children)

Grace

Harmonics Community Choir

s p r i n g
C O N C E R T !



Saturday 5th April 7:00pm

Venue: United Reformed Church
43 Long Street
Wigston Magna
Wigston
LE18 2AJ

Director of Music: Chris Hill

Accompanist: Caroline Bell

**Tickets: £9,
concessions/students £8,
and children free!**

(Available on the door)

Refreshments provided

Community Cinema

The Miracle Club

There's just one dream for the women of Ballygor to taste freedom – to win a pilgrimage to the sacred French town of Lourdes.

Starring Maggie Smith, Laura Linney & Kathy Bates

Showing At
Long Street United Reformed Church
On

Monday April 7th 2025

Starting At 1.30 pm

Doors open for light refreshments at 12.45

For More Information – Contact Julie 07544981674



Spring Fayre

Saturday 12th April

10am to 1pm

**Various Stalls, Raffle , Easter Egg Tombola
Jacket Potato Lunches**

*Easter Trees will be on display,
decorated by local schools
Come and vote for your favourite!*

**FREE Tea and Coffee and a
Warm Welcome!**

Wigston Magna United Reformed Church

Long Street, Wigston, LE18 2AJ



RECIPE - APRIL: Sweet Chilli Prawns - Serves 4 (Ready in 10 minutes).

500g cooked and peeled prawns

1 red pepper, seeded and roughly chopped

4 tomatoes, chopped

1 level tablespoon of sweet chilli sauce

120g quark

A large handful of finely chopped fresh coriander

Salt & freshly ground black pepper

- 1) In a large bowl, mix the prawns, pepper, tomatoes, sweet chilli sauce and quark.
- 2) Scatter over the coriander.
- 3) Season to taste.
- 4) Cover and chill until ready to eat.

This is delicious with a jacket potato, or makes a great sandwich filling.



BIRTHDAYS - APRIL

6th - Lauren Fretter

GARDENING TIPS - APRIL

- 1) Deadhead flowers from winter-flowering shrubs after flowering.
- 2) If required, varnish any wooden areas during dry conditions.
- 3) Plant onion sets and seed potatoes.
- 4) From the middle of the month, place container plants outdoors during the day, and gradually harden off.
- 5) Bring on dahlias in pots, splitting any excessively large tubers.
- 6) Tie up new shoots of climbing plants.

DIARY: APRIL

- 2nd Bible Bytes - Saffron Lane U.R.C. 10.30am. All welcome!
- 9th Elders' Meeting - 9.30 am, followed by the Church meeting at 10.00 am.
- 13th Prayer Time 3.30 pm at South Wigston U.R.C. - followed by a Faith Tea.
- 18th 12.00 noon - Churches Together in South Wigston
"Good Friday Witness" to be held outside Tesco store.
7.30 pm - United Free Church "Good Friday Service"
at Canal St URC, led by Rev Les Gill.
- 23rd Wednesday "Drop-in" at 10.00am - all welcome!

A THOUGHT FOR THE MONTH AHEAD.

*Always forgive your enemies.
Nothing annoys them so much!
Oscar Wilde*

South Wigston News

Prayer List: April -

Please pray for:

- 1 Resolve to use this time of Lent as a spiritual preparation for Easter.
- 2 All those living in war-torn countries, especially those who have lost loved ones.
- 3 Those with power over war or peace that they may use wisdom, discernment and compassion to guide their decisions.
- 4 All who face another week of unemployment.
- 5 Those who are ill in hospital.
- 6 All those preaching the Word of God in our churches today.
- 7 All who work for charities.
- 8 Those who do not have enough to eat.
- 9 All who work for the Bible Society.
- 10 All those who fear for tomorrow.
- 11 Those for whom Easter has no significance.
- 12 On the eve of Holy Week, thank God for the precious gift of His Son.
- 13 God's blessing on all those attending a Palm Sunday service today.
- 14 That all Christians may seek to work together.
- 15 Give thanks for those who work for our Emergency Services.
- 16 Those whose families live far away.
- 17 Those who are caring for elderly or sick loved ones at home.
- 18 All who have to work over the Easter holiday.
- 19 All children, that they may stay safe through the holiday.
- 20 **HE IS RISEN! HE IS RISEN INDEED! HALLELUJAH!**
Wishing everyone a happy and blessed Easter!
- 21 All who are travelling today.
- 22 David Howlett and all those who work for the Community of Grace.
- 23 The people of England on St George's Day.
- 24 All who serve the community on committees.
- 25 The bereaved.
- 26 The Elders in our churches as they plan for the months ahead.
- 27 Those of our congregations who cannot get to church today because of age or infirmity.
- 28 Young people facing important exams this term.
- 29 Give thanks for the beauty around us - flowers, trees, sunshine, and especially for families and friends.
- 30 Pray for the laying down of weapons, and peace throughout the world.

South Wigston URC

Multi Faith Centre

North Warwickshire & South Leicestershire College

Easter Services

Friday 18th April

12.00 pm - Good Friday Witness
Outside Tesco Superstore Entrance

7.30 pm – United Worship in the Multi Faith Centre
Led by Revd Les Gill

Sunday 20th April

10.30 am - Easter Celebration
In the Multi Faith Centre
Including Holy Communion

Happy Easter

Saffron Lane News

Preachers and Readers list for April May & June 2025

	OT	NT	SER	COL	Preacher	
Apr 6 th	9	3	9	13	I Smith	Communion
Apr 13 th	5	14	5	13	M Ferris	Communion
Apr 20 th	6	36	3	13	L Gill	Communion Easter Sunday
Apr 27 th	7	8	#	13	P Smith	Family Service
May 4 th	30	12	30	13	E Williams	Communion
May 11 th	3	9	3	13	M Ferris	Communion
May 18 th	36	6	3	13	L Gill	Communion
May 25 th	8	7	#	13	R Benham	Family Service
Jun 1 st	12	30	12	13	R Green	Communion
Jun 8 th	3	9	3	13	S Eastman	Communion
Jun 15 th	5	14	5	13	E Hanson	Communion
Jun 22 nd	6	36	#	13	E Williams	Family Service
Jun 29 th	11	10	#	13	R Waterton	5 Sunday

3.Kath T	8. Brian S	12 Elizabeth R	36 Dec B
5.Sue B	9. Terri D	13.Darren C	# No server
6.Pat S	10.Malvolia B	14. Mackenzie B	
7.Angela S	11.Richard B	30 Sandra C	

April Birthdays

16th Peter Clay

May Birthdays

1st Philip Bridges

14th Mackenzie Bloxham

June Birthdays

28th Sandra Clay

Swanwick 2025 The Woman of the Bible

Friday 21st February

It was all very different this year with me having fractured my arm and not able to drive and Vera and Paddy not attending as both had been poorly and did not book. Elizabeth and I were very lucky to be able to get a lift to Swanwick with Eileen. We had a very tight squeeze in the car what with extra people and bags and props for Saturday night but we managed very well. And Eileen got us all there safe and sound.

On arriving at our accommodation we carried our cases and bags into the place and ended up walking three quarters of the way around the building before finding our rooms, which were all next to each other.

After unpacking our cases we went down for dinner and to start the weekend. Firstly it was time to meet up with all our old friends who we have met in previous years.

Then on to the introduction time where we had an open mic for everyone to give suggestions for the charities we would support during the weekend. I went up and asked if we could think about doing a collection for the Leicester Children's heart link at the Leicester Royal Infirmary. They are trying to raise money to provide accommodation for parents whose children are having an operation or treatment as many of the parents can live up to 100 miles away and cannot get back home each day. This was agreed and we collected over £250.

After the epilogue that night we had some social time in the bar.

Saffron Lane News

Cont.....

Saturday 22nd February

We had breakfast early followed by a meditation. Then we went into our main conference room for a Bible study from the New Testament. Then a short coffee break and back for more Bible study.

After lunch, during which Elizabeth acted as my mother and cut up my meat, we had a choice of activities including walking, singing, poetry workshop and "what is worship". We chose to join the crafts group for a couple of hours.

At 3.30 everything stops for tea and cake after which we had a Bible study with Dr Alison Gray on the Old testament. This was followed by the business meeting and then dinner.

After dinner it was time for the annual social evening where Elizabeth and I did a sing song - "My Old Man's a Dustman". There was no dancing this year because of my arm, but at least we took part in the concert. This was followed by the epilogue, and some social time before bed.

Sunday 23 February

Early breakfast then meditation. Then into Bible study from the Old Testament which followed on from what we talked about on Saturday. It was very enjoyable and we are going to follow this at our own monthly Bible Bytes in April. After coffee we went up to the Chapel for communion which was led this year by Eileen Williams assisted by Julie Slatford, Elizabeth and myself.

After a Sunday Lunch we said our goodbyes and told everyone we wanted to see them next year.

Saffron Lane News

Puddings afternoon March 11th 2025

We tried our Puddings afternoon again this year to see if it was worth doing it again next year, as it had been a poor turn out last year. This year there was a nice few people there and we were able to all sit around our eight tables at the back of church.

Elizabeth started our afternoon with a short quiz just to get us going. We were joined by one of the ladies who comes to our 3T's for the first time and she enjoyed it so much that she told some of the people who go to our friendship group about it and they who they would come next year. So it looks like we will have a Puddings Afternoon again in 2026.

There were lots of choices, with different cakes, cheesecakes, sticky toffee pudding, crumble's and trifles, with ice cream, custards and creams to put on the puddings.

There was no charge for the afternoon but we asked for a donation for our 2025 charity Save the Children and we raised £42.00



Maundy Thursday 17th April

We have been invited back to Oak Court at Blaby to provide singing and fellowship on Maundy Thursday at 2.00pm. If any of the group feel they would like to join us you would be very welcome.

Whetstone News

Thank You

Thank you to all who joined us on Saturday 1st March for our Charity Coffee Morning, raising funds for Mission Aviation Foundation.

There was a huge selection of raffle prizes, thanks to the generosity of those who came and those who supported us in advance.

A wide range of books, jigsaws and bric a brac was also available.

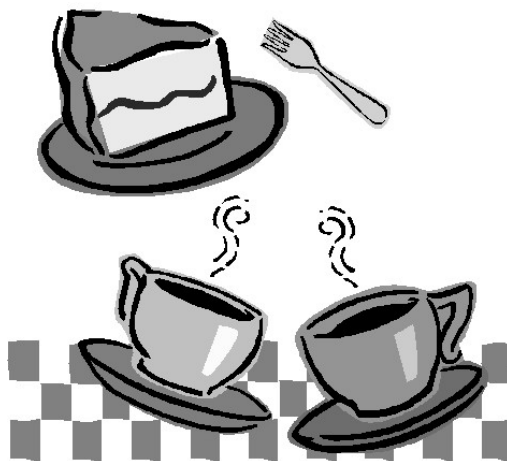
Refreshments included tea, coffee, biscuits, cake and a selection of filled cobs.

A tremendous £244 was raised during the morning and we thank everyone for their support and generosity.

Thursday Community Coffee Morning

We are so pleased by the increasing numbers at our Community Coffee Morning on Thursdays. It seems that every week we are welcoming someone new!

There are our regulars and then those who pop in from time to time and those that join us even just for one occasion. All are thoroughly made welcome and leave satisfied by the kindness and friendship they have received as well as the free and readily available refreshments. We feel truly blessed that this initiative has been so successful and we hope that we can continue to welcome more and more people into our church building.



Whetstone News

Afternoon Tea at Whetstone

What a wonderful afternoon we had on Saturday 22nd March, as we hosted a luxury afternoon tea.

Initially, the limit was for 60 people but in the end, nearer 70 people joined us for this spectacular event. Gorgeous sandwiches, fresh scones with clotted cream and jam, desserts and then an amazing array of cakes all washed down with endless cups of tea and coffee. It was thoroughly enjoyed by all who joined us.

Thanks to Richard, who acted as MC for the event, to Shirley for looking after the raffle as well as taking all the bookings, to all those who helped setting out the room and to all who supported us in any way.

Special thanks to the incredible catering team for all their hard work preparing the food, serving all the refreshments and then clearing away afterwards.

An amazing £330 was raised from the raffle which will be donated to Leicester Hospitals Charity.

A further £760 was raised towards our Church Hall roof fund.

Thank you so much.



C. Emma Creese

Whetstone News

Forthcoming Services

Our Mothering Sunday Service will be led by our own Shirley.

Julie Slatford will lead us in worship on Palm Sunday.

Rev. Martin Ferris will lead our service on Good Friday.

Kevin will then lead us as we celebrate Christ's triumph over death on Easter Sunday.

Please do join us if you are able.

Other Events at Whetstone

We continue to plan further events to which you are all invited.

On Thursday 8th May, we will celebrate the 80th anniversary of VE Day as part of our Community Coffee Morning with a Bring-and-Share Lunch and a singalong of wartime songs.

On 24th May we will be holding another Charity Coffee Morning from 10am till 12noon.

Pam and Jon Brookes have kindly agreed to once again host a Coffee Morning at their home on 28th June.

On Thursday 14th August, a "Seaside Lunch " will be available following our Community Coffee Morning, with chips, fish bites, mushy peas or curry sauce, followed by cornetto style ice-cream.

Due to popular demand, we will be holding another "Music Hall Memories" evening at 7pm on Wednesday 20th August.

A Nativity Celebration Coffee Morning will be held on 29th November.

Further details for all events will be included in future SELA magazines.

Whetstone News

Story for April

A priest and a taxi driver both died and went to heaven. St. Peter was at the Pearly gates waiting for them.

'Come with me,' said St. Peter to the taxi driver.

The taxi driver did as he was told and followed St Peter to a mansion. It had everything you could imagine from a bowling alley to an Olympic size pool.

'Oh my word, thank you,' said the taxi driver.

Next, St. Peter led the priest to a rough old shack with a bunk bed and a little old television set.

'Wait, I think you are a little mixed up,' said the priest. 'Shouldn't I be the one who gets the mansion? After all, I was a priest, went to church every day, and preached God's word.'

'Yes, that's true.' St Peter replied,

'But during your Easter sermons people slept.'

When the taxi driver drove, everyone prayed.'



Thursday May 8th
Remembering VE Day
Coffee Morning from
10.00 - 12.00
Followed by a Bring
and Share Lunch

Sing along or
listen to music
from the
forties.



All welcome

Oadby URC

invite you to their

Spring Coffee Morning

on

Saturday 26th April

10am to 12midday.

Books, jigsaw and cards for sale

Bring and Buy stall

Come and enjoy fellowship together.

Monies raised to go to the local foodbank

Oadby URC
Rosemead Drive

COFFEE "N" CHAT

Every Monday Morning

10.00 am to 12 noon

Come in and join us for coffee / tea
And a chat

Everybody Welcome

EASTER CELEBRATIONS

On Easter Day we will celebrate Christ's Resurrection, including Jack's baptism.

And after the service we are invited to join in a Bring and Share Lunch as we continue our celebrations of Easter and Jack's baptism.

If you are planning to be at lunch contact Shannon Hadley so she knows what you are intending to bring.



GOOD WISHES FOR EASTER

WE WISH ALL OF OUR SISTER CHURCHES, WHO ARE PART OF SELA, A VERY HAPPY AND BLESSED EASTER.

CHRIST IS RISEN, HE IS RISEN INDEED, HALLELUIAH!

THANK YOU ALL SO MUCH

After fracturing my hip recently I was so thankful for your prayers, get well cards, flowers and a scented candle.

At the moment I'm still not recovered but I'm getting there.

Pam

PLEASE PRAY FOR:

For talks to continue to bring about a cease fire between Russia and Ukraine

Peace between Israel and Gaza.

Refugees and asylum seekers

People suffering from long term illness and those with disabilities who are worried about having their benefits stopped.

For doctors and nurses and all NHS staff who work in our hospitals.
For those across the world and in our own country who don't have enough to eat.

All those who are suffering through acts of violence and those suffering because their home has been burgled.

For our children and young people who are part of our church families.
For those grieving the loss of a loved one.

For all those who are housebound and unable to get to church.

For all those suffering from life threatening illness

For Brian, Dorothy and family

For June as she settles into her new home.

For Kay and all of her family

For Chris and her family

For Joyce recovering from a broken ankle

For Anne and John

For Kate

For our Ministry Team - Martin and Eileen.

For the mission of our SELA churches



YOU ARE LOVED BY GOD:

(Wild Goose Publications)

You are loved by God.
Each and every one of you:
cherished, adored, liked -
just as you are.

God loves you,
Jesus loves you,
The Spirit loves you:
Three-in-One.
No exceptions.

Follow Christ's footsteps,
Walk in the wilderness -
And dance in the desert,

Beloved of God,
come on a journey.

Sally Foster-Fulton, from Dancing in the desert.



THOUGHTS ON AGING.

For my age, I have a lot going for me....

My eyes are going,
My knees are going,
My back is going!

I used to know a couple who grew fruit trees together.
They lived to a ripe old age.

"You know you're getting old when you stoop to tie your shoe lace
And wonder what else you could do while your down there."

George Burns

By the time you're 80 years old you've learned everything. You only
have to remember it." George Burns

"The really frightening thing about middle age is that you know you'll
grow out of it." Doris Day

"You are only young once, but you can stay immature indefinitely."
Ogden Nash

"Getting old is like climbing a mountain; you get a little out of breath,
but the view is much better!" Ingrid Bergman

"Laughter is timeless. Imagination has no age. And dreams are
forever." Walt Disney

I don't know who said this but it's a famous quote about aging -
'Age isn't a number, it's an attitude.'

TWENTY WAYS TO CARE FOR YOUR PARENTS

1. Call them regularly
2. Spend quality time together
3. Listen to their stories
4. Help with household chores
5. Cook their favourite meal
6. Give them thoughtful gifts
7. Accompany them to doctor's visits
8. Respect their opinions
9. Surprise them with a visit
10. Teach them new technology
11. Show patience and understanding
12. Express gratitude often
13. Celebrate their milestones
14. Ensure their financial security
15. Encourage their hobbies
16. Plan a family outing
17. Take care of their health needs
18. Protect their dignity
19. Pray for their well-being.
20. Love them unconditionally.

(Taken from Be Human Be Kind on Facebook)



GUIDELINES FOR LIFE

1. When you are tired, rest your body
 2. When you are learning, ask questions
 3. When you are speaking, mind your words
 4. When you are working, give your best
 5. When you are winning, stay humble
 6. When you are failing, learn from it
 7. When you are stressed, take a breath
 8. When you are happy, share your joy
 9. When you are struggling, seek help
 10. When you are afraid, face your fears
 11. When you are relaxing, enjoy the moment
 12. When you are unsure, follow your heart
 13. When you are busy, prioritise wisely
 14. When you are insulted, stay calm
 15. When you are teaching, stay patient
 16. When you are leading, set an example
 17. When you are eating, savour the taste
 18. When you are in pain, seek relief
 19. When you are dreaming, dream big
 20. When you are wrong, admit your mistake
 21. When you are doubting, believe in yourself
 22. When you are sad, express your feelings
 23. When you are angry, control your words
- (Taken from Be Human Be Kind on Facebook)



YOU'RE HAVING A LAUGH

1. A burglary was foiled by a shop assistant with a labelling machine. The police are looking for a man with a price on his head.
2. How do lumberjacks know how many trees they've cut down? They keep a log.
3. I would really like to know who pulled the jack away from the car I was working on, the suspension is killing me!
4. I knew I was going to win the lizard naming competition, from the word gecko
5. I look after plant pots and hanging baskets for celebrities, this means I tend to shrub holders, with the rich and famous.
6. Just bought an expensive First Aid Kit. I thought I'd treat myself.
7. I own a French Bulldog, but every so often I have to let him out in the garden for a oui.
8. Remember if you're delivering a vault today, remember to drive safe.
9. Five ants rented an apartment with another five ants. Now they're tenants.
10. 500 shopping carts in the supermarket and I keep picking the one with the front wheel that sounds like a dying pig.
11. Someone keeps sending me flowers with the heads cut off. I think I'm being stalked.

12. Sometimes I like to mess with my children and hide their stuff where they can't find them. Like I put their coats on the coat hooks and their shoes on the shoe rack!

13. If you're ever attacked by a mob of clowns, go for the juggler.

14. What do you get when you boil a funny bone?
A laughing stock.

15. Did you hear about the seamstress who fell into her loom?
She's fully re-covered.

16. What do you call a mollusc on a ship?
A snailor.

Recipe for Ambrosia (not the custard!)

very easy - serves 6

Ingredients

Large tub of whipping cream

Large tin of fruit salad

Pack of coconut

Vanilla ice-cream

Method

Whip cream

Drain fruit salad

Add to whipped cream and stir together

Add coconut and stir together

Put 2 scoops of vanilla ice-cream into individual dishes

Put 1 or 2 tablespoons of the mixture onto the ice-cream.

Lectionary Readings

6 April

Isaiah 43 v 16 - 21

Psalms 126

Philippians 3 v 4b - 14

John 12 v 1 - 8

13 April

Isaiah 50 v 4 - 9a

Psalms 118 v 1 - 2 & 19 - 29

Philippians 2 v 5 - 11

Luke 19 v 28 - 40 OR Luke 22 v 14 - 23 & 56

20 April

Acts 10 v 34 - 43 OR Isaiah 65 v 17 - 25

Psalms 118 1 - 2 & 14 - 24

1 Corinthians 15 v 19 - 26 OR Acts 10 v 34 - 43

John 20 v 1 - 18 OR Luke 24 v 1 - 12

27 April

Acts 5 v 27 - 32

Psalms 118 v 14 - 29 OR Psalm 150

Revelation 1 v 4 - 8

John 20 v 19 - 31